



Intermission

Self portraits by
SOULA MANTALVANOS

Opening Saturday March 7, 2015 at 4:30pm
by Australian Artist
BARBIE KJAR

Exhibition dates
MARCH 6 – 25, 2015

PENNY CONTEMPORARY



LOCATION

187 Liverpool Street Hobart Tasmania

EMAIL & PHONE

info@pennycontemporary.com.au
03 6231 5655

pennycontemporary.com.au
soula.com.au

Hope, 2014. 61 x 61 cm. Oil on linen.

SUPPORTED BY

Aēsop.
www.aesop.com



Coal Valley
VINEYARD



Chronic Pain
AUSTRALIA

painaustralia™
working to prevent and manage pain



"Self portrait is the constant distinguishing element in this exhibition.

Soula Mantalvanos has embarked on a process that seeks to capture in images the magic and singularity of a being who is fragile and powerful.

Her self portraits are guided by a remarkable intuition. She also probes and searches the looking glass to find the different facets of SOULA.

She is many people"

– Barbie Kjar

SOULA IS AN ARTIST AND CREATIVE DIRECTOR LIVING IN COLLINGWOOD, THE MELBOURNE SUBURB RECOGNISED FOR ITS FLAIR, SOPHISTICATION AND ARTS.

For eight years chronic pain has consumed Soula's life.

Soula now returns to her creativity with the assistance of modern day therapies. She uses expression as a catharsis and coping mechanism and as a pathway for the restoration of self.

Recently opting out of her Collingwood life and into Tasmania's East Coast, Soula sought to reflect on her years of 'ever present' pain and to narrate its impact on her life.

In her most recent exhibition, she attempts to explore and document the essence of who she is, other than 'the person in pain', and what her resources are for coping, away from the influences of her Melbourne life.

Soula captures this journey and exhibits the experience through self portraits on canvas, paper and panel, choosing to narrate her life through the traditional mediums of painting, drawing and printmaking.

Soula has had solo exhibitions at The Convent Daylesford, Brunswick Street Gallery and Gasworks Arts Park, and is also represented in Melbourne by Port Jackson Press and Rathdowne Galleries. She has been a semi finalist in the Doug Moran Portrait Painting Prize 2013/14 and a finalist in other Australian art prizes such as the Alice Bale Art Award and The Substation Contemporary Art Prize.

Visionary, 2014. 45 x 51 cm. Oil on linen.